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AI for Everyone Newsletter

1 message

Third Age Trust <learning@u3a.org.uk>

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Thank you so much for wanting to keep upto date with AI within the u3a, and apologies for missing last month- life got in the way.

If you received this newsletter from a friend you can sign up to receive your own copy here. <https://subjectadvisers.u3asite.uk/ai-for-everyone-subject-network/>

We are just finishing our four week 'Preparing for an AI World' zoom course with 250 very active participants on zoom. I have been amazed about how quickly members that are totally new to AI have been able to get joy and productive use from AI Chatbots. There have also been some exciting new use cases which I will add to our resource: "What u3a members use AI" for. <https://padlet.com/u3alearning/u3a-ai-resources-for-u3a-groups-5dhdnjgfd2bencvl/wish/IDK1ZRjympvpZJ9z>

Showing quite how bizarre the world of AI Chatbots is, someone has set up a social website so chatbots can chat amongst themselves. The results are bizarre and scary but apparently some humans have been gate crashing and pretending to be Chatbots! 12 min video here: <https://www.youtube.com/watch?v=-fmNzXCp7zA>

The video has some technical content but even without any technical knowledge you will understand how bizarre this is.

These types of AI Chatbot are agents – they do things on your behalf. You need to be pretty IT and cyber literate to use AI Agents like OpenClaw safely. They can do a lot of damage by taking over your machine.

Talking of Cyber Security the BBC are reporting that due to a bug, Microsoft has exposed some confidential emails, see report here: <https://www.bbc.co.uk/news/articles/c8jxevd8mdyo>

It is a timely reminder that even sites that try and protect your data can have bugs and be hacked.

On a more positive note, the u3a Festival in York July 1st-3rd is looming and bookings are now open. The AI team will be up there in force running multiple activities as well as just offering the opportunity to meet face to face. <https://www.u3a.org.uk/what-we-do/events/festival-2026>

A number of members have expressed an interest in having a guide for using AI in u3a History groups. If you have any experience of this and you are willing to share I will collate, edit and publish. Just email me Alan.Freeland@u3a.org.uk

AI News

Where we are allowed, recordings of the monthly AI news events are here: <https://www.youtube.com/playlist?list=PLsB2t41TNozFo7BiZtzhPf9tQFNDTjNi>

The next AI News is on March 20th. [The Thames Valley AI Hub – Glenys with guest speaker Dr. Sian Lindsey](#)

Our AI Agitators Group is now up to 54 members. If you want to network with members organising u3a activities in their local u3a join us. <https://www.u3a.org.uk/learning/interest-groups-online/interest-groups-online-groups/ai-for-u3a-ai-agitators>

Take care,

Alan Freeland u3a Network lead for AI Alan.Freeland@u3a.org.uk

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Third Age Trust

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